

# The American Society of Hand Therapists

TWENTIETH ANNUAL MEETING  
September 18–21, 1997

SHERATON SAN DIEGO HOTEL AND MARINA  
SAN DIEGO, CALIFORNIA

Unforgettable San Diego is the backdrop for the 20th annual meeting of the American Society of Hand Therapists. San Diego's location makes it an ideal destination. There are 70 miles of Pacific Ocean beach, two sparkling bays, several mountain ranges, a breathtaking desert, and an international border with Mexico. San Diego boasts near-perfect weather, warm days, cool nights, and very little rain. Once in San Diego, plan to spend some time exploring and sightseeing. The world-famous San Diego Zoo in Balboa Park should not be missed. While in Balboa Park, visit some of the 13 museums, which feature art, music, science, and sports. A short trip to Mission Bay is a must to ride the Giant Dipper classic, a 1925 wooden roller coaster restored in 1990. Sea World, home of Shamu, offers marine life exhibits and shows. If golf is your passion, plan an afternoon at Torrey Pines Golf Course, located atop majestic cliffs overlooking the Pacific Ocean. Old town is where San Diego began. Old adobes and other historic structures blend with shopping complexes and fine restaurants. Visit a beautiful mission; the first mission established in 1769 by the Spanish missionaries is the Mission San Diego de Alcalá. Venture downtown and shop at Horton Plaza, a six-level, open air development, or stroll the Gaslamp Quarter, which features entertainment, dining, and shopping in a setting of unique architecture. The beaches should not be overlooked. The spectacular La Jolla shoreline could be explored by day, or an evening walk on one of San Diego's beaches is a great way to end a day. Discover San Diego in September while attending the ASHT Annual Meeting.

The Annual Meeting Committee of the American Society of Hand Therapists is pleased to present the program for the 20th Annual Meeting in San Diego this year. Come join us in San Diego for a meeting filled with educational opportunities for everyone. From clinical/scientific papers to instructional courses and tracks, you will not go home disappointed. Great speakers and lectures are planned to stimulate and inspire us all. Plan to network as well as relax during our Bay Break, scheduled for Saturday at the close of the day. Attend the Annual Meeting, and return home enriched.

Chris W. Smethie, OTR/L, CHT  
Annual Meeting Chairperson

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## THURSDAY, SEPTEMBER 18, 1997

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7:00 AM–11:00 AM **ASHT Board Meeting** (ASHT board members only)

8:00 AM–8:00 PM **Registration**

12:00 PM–6:00 PM **AHTF Meeting** (AHTF board members only)

12:30 PM–6:00 PM **PRE-CONFERENCE INSTITUTES**

1. **The Athlete's Shoulder**  
(advanced)

Clive Brewster, MS, PT  
Judy Seto, MA, PA  
Ralph Gambardella, MD

2. **U.E. FCE: New Issues, New Data, New Interpretations**  
(advanced)

Susan Emerson, MEd, OTR, CHT  
Karen Schultz-Johnson, MS, OTR, FAOTA, CHT  
James King, MA, OTR, CHT  
Beth Nicholson, OTR, CHT  
Barbara Thompson, OTR, CVE

3. **Practice Management Strategies for Successful Rehabilitation within Managed Care**  
(beginner/intermediate/advanced)  
Rhea Cohn, PT  
James King, MA, OTR, CHT  
Sylvia A. Davila, PT, CHT

- 3:00 PM–3:30 PM **Break**
- 3:00 PM–7:00 PM **ASHT Local Hospitality**
- 6:00 PM–7:30 PM **First Time Attendee/New Member Orientation**
- 7:00 PM–9:00 PM **HTCC Reception (all attendees welcome)**

**FRIDAY, SEPTEMBER 19, 1997**

- 7:00 AM–6:00 PM **Registration**
- 7:00 AM–7:30 AM **Course Assistant Meeting** (course assistants & annual meeting staff only)
- 7:00 AM–7:45 AM **Continental Breakfast**
- 7:00 AM–7:45 AM **International Attendee Breakfast** (all international attendees welcome)
- 7:00 AM–7:45 AM **State Chapter Breakfast** (mentorship of state chapter organizations)
- 7:00 AM–6:00 PM **Video Viewing**
- 7:50 AM–8:05 AM **Opening Remarks**
- 8:00 AM–8:00 PM **ASHT Local Hospitality**
- 8:05 AM–8:30 AM **Presidential Address**  
Terri L. Wolfe, OTR/L, CHT
- 8:30 AM–10:00 AM **Discovering Innovative Creativity**  
Jeffrey Tobe
- 10:05 AM–10:25 AM **Recognition of Evelyn J. Mackin, LPT**  
Presented by Anne Callahan, MS, OTR/L, CHT
- 8:00 AM–11:00 AM **Exhibit Hall Open**
- 10:30 AM–11:00 AM **Coffee Break** (Exhibit Hall)
- 11:00 AM–12:00 PM **Emerging Issues** (ASHT members only)  
Ask The Experts
- 12:00 PM–1:30 PM **Networking Luncheon**
- 12:00 PM–4:00 PM **Exhibit Hall Open**
- 1:30 PM–3:30 PM **ASHT Business Meeting** (members only)

**NON-MEMBER INSTRUCTIONAL COURSES**

1. **Post-operative Management of Common Tendon Transfers in the Hand**  
(beginner/intermediate)  
Christopher C. Reynolds, PT, MHS, CHT
2. **Understanding the Rheumatoid Hand**  
(beginner/intermediate)  
Cynthia Philips, MA, OTR/L, CHT

- 3:30 PM–4:00 PM **Refreshment Break** (Exhibit Hall)

**INSTRUCTIONAL COURSES**

1. **Computer Technology and You—A Survival Guide for Therapists**  
(beginner/intermediate/advanced)  
John Austin, OTR/L, CHT

2. **Fibromyalgia**  
(intermediate/advanced)  
Jeanne L. Melvin, MS, OTR, FAOTA
3. **Outcomes Measurement: Does Hand Therapy Make A Difference?**  
(beginner/intermediate/advanced)  
Linda Ogden Niemeyer, OTR, PhD (Candidate)  
Janet Watts, MS, OTR, PhD  
Janet Waylett-Rendall, OTR, CHT
4. **Member Invited Instructional Course: How To Meet The Challenge Of Managed Care Using Video**  
(intermediate/advanced)  
Eileen Apfel, OTR, CHT
5. **Member Invited Instructional Course: Understanding Tissue Response: The Rationale for Individualized Treatment Protocols**  
(intermediate/advanced)  
Carol W. Stoddard, OTR/L, CHT  
Erik A. Rosenthal, MD

6:00 PM–9:00 PM    **AHTF Silent Auction  
Exhibitors' Reception**

**SATURDAY, SEPTEMBER 20, 1997**

- 7:00 AM–6:00 PM    **Registration**
- 7:00 AM–7:45 AM    **Continental Breakfast**
- 7:00 AM–7:45 AM    **Research Breakfast**
- 8:00 AM–11:00 AM   **Exhibit Hall Open**
- 8:00 AM–6:00 PM    **ASHT Local Hospitality**
- 8:00 AM–8:05 AM    **Morning Remarks/Announcements**
- 8:05 AM–8:45 AM    **GUEST LECTURER—INVITATIONAL**  
A. Lee Osterman, MD
- 8:45 AM–9:45 AM    **CLINICAL AND SCIENTIFIC PAPERS SESSION**  
(schedule is subject to change)
- Treatment of Patients with Two Strand Flexor Tendon Repairs in Zone II**  
Teresa Wesolowski, BSc (PT), CHT
- Post-operative Management of Thumb CMC Arthroplasty**  
Catherine A. Vandersluis, OT (C), CHT  
Lawrence N. Hurst, MD, FRCS (C), FACS
- A Comparison of Thumb Joint Mobility in Therapists and Non-therapists:  
A Pilot Study**  
Lora Stubin, MA, OTR, CHT  
Doreen Torres-Gray, MA, OTR, CHT
- 9:45 AM–10:25 AM   **INTRODUCTION OF ANNE CALLAHAN, MS, OTR/L, CHT, 1997 NATHALIE BARR RECIPIENT**  
Evelyn J. Mackin, LPT
- NATHALIE BARR LECTURE**  
Anne Callahan, MS, OTR/L, CHT
- 10:25 AM–10:55 AM   **Coffee Break (Exhibit Hall)**
- 10:55 AM–11:55 AM   **CLINICAL AND SCIENTIFIC PAPERS SESSION**  
(schedule is subject to change)
- The Effect of Continuous Silver Ring Splinting on Swan-Neck Deformity Following MCP Arthroplasty**  
Mary D. Reuterfors, MA, OTR, CHT  
Hugh G. Harris, MD, FACS

**Development of the Milliken ADL Assessment: A Measurement of Upper  
Extremity Disability**

Mary Kersting Seaton, MHS, OTR/C, CHT  
Gail N. Groth, OTR/C, CHT  
Christine Feely, PhD

**Validity of a Computer System for Measuring Pinch Strength**

Ilene M. Goldberg, MS, OT  
Ellen R. Block, MS, OT  
Susan Goldberg, MA, OTR, CHT  
Edward Brubaker, MA, COTA

11:55 AM–12:30 PM

**SPECIAL LECTURER**

Edward Nalebuff, MD  
The Uncommon Arthritic Problems Of The Hand

12:00 PM–5:00 PM

**Exhibit Hall Open**

12:30 PM–2:00 PM

**Lunch (on your own)**

State Chapter Council Meeting/Lunch (State Chapter Council members only)  
Annual Meeting Chair and Sub-Chair Meeting/Lunch (1998 Annual Meeting Chair and  
Sub-chair positions only)

**POSTER PRESENTATIONS (also to be displayed throughout the meeting)**

**Use of Stress Reduction Techniques in Upper Extremity Rehabilitation**

Barbara Sopp, MS, OTR/C, CHT

**Clinical Applications for Recycling Splinting Materials**

Theresa Bell-Nagle, OTR/L, CHT  
Molly Foresman, OTR/L, MOT

**The North Coast Nine Hole Pegboard Test: Establishing Normative Values with  
Healthy Adults**

Beth B. Reigart, MPH, OTR/L, CHT  
Treacy E. Baker, OTS  
Debra R. Bean, OTS  
Eric S. Belusko, OTS  
Lesley M. Canady, OTS  
Courtney L. Catos, OTS  
Engele R. Cockcroft, OTS  
Jae A. Collins, OTS

**Positional Exercise Splinting to Promote Extensor Mechanism Function**

Holly Rose, OTR/L, CHT  
Kathryn Bordenet, OTA

**Conservative Management of Trigger Thumb: Splinting the Interphalangeal Joint**

Kelly Nye, OTR, CHT  
Tim Nullen, MS, OTR  
Kathie Knopf, PT  
Jeanine Boozer, OTR, CHT

**The Challenge of Congenital Anomalies of the Hand**

Linda Bareis, OTR/L, CHT  
Mary Beth Wulf, OTR/L, CHT

**Perspective in Treating the Ilizarov Patient**

Aida Galindo, OTR, CHT  
Kim Granhaug, OTR, CHT

**Upper Extremity FES Implant: A Case Study**

Linda Burns, MS, OTR/L, CHT

**Post-operative Management of the Elbow Compass Hinge**

Sara Burman-Newby, OTR/L, CHT  
Annabel Griffith, OTR/L

12:30 PM–6:00 PM

**Journal of Hand Therapy Lunch/Meeting**

2:00 PM–6:00 PM

**TRACKS**

**1. Job Site Analysis, Ergonomics, Preemployment Screening  
(intermediate)**

Melanie T. Ellekson, MBA, OTR, FAOTA

2. **Splinting the Pediatric Upper Extremity**  
(beginner/intermediate/advanced)  
Tracey Uditsky, OTR, BPC  
Laura Hogan, OTR
  3. **Advances in Tendon Management**  
(advanced)  
Roslyn B. Evans, OTR/L, CHT  
Nancy M. Cannon, OTR, CHT  
Reid Abrams, MD
  4. **CTD and Nerve Compression: The Challenge**  
(intermediate/advanced)  
Christine Novak, PT, MS  
John A. McAuliffe, MD
  5. **Geriatric Hand Injuries**  
(intermediate/advanced)  
Cynthia Cooper, MFA, MA, OTR, CHT  
Cindy C. Ivy, M.Ed, OTR, CHT  
Anthony Smith, MD
  6. **UE Net Update**  
(beginner/intermediate/advanced)  
Jean Casanova, OTR, CHT
- 4:00 PM–4:30 PM    **Refreshment Break** (Exhibit Hall)
- 6:00 PM–7:00 PM    **EAC Meeting** (EAC committee members only)
- 6:00 PM–7:30 PM    **Bay Break**

**SUNDAY, SEPTEMBER 21, 1997**

- 7:00 AM–11:00 AM    **Registration**
- 7:00 AM–8:00 AM    **Continental Breakfast** (Exhibit Hall)
- 7:00 AM–11:00 AM    **Exhibit Hall Open**
- 7:00 AM–7:45 AM    **Leadership Development Meeting** (ASHT board meeting)
- 8:00 AM–9:15 AM    **Divisions Committee Meetings** (all members welcome)
- 9:20 AM–9:25 AM    **Morning Remarks/Announcements**
- 9:25 AM–9:55 AM    **Awards Presentation**  
Terri Skirven, OTR, CHT  
Lifetime Fellowship Award  
AHTF Award (The Burkhalter Memorial Award)  
Nathalie Barr 1998 Recipient  
Honorary Member Award (Non-ASHT Member)  
R.L. Petzoldt Award for Innovation in Hand Therapy  
Best Research Paper  
Best Clinical Paper  
Outstanding Scientific/Clinical Poster Award
- 9:55 AM–10:00 AM    **New Orleans Presentation**  
Chris Blake, OTR/L, CHT
- 10:00 AM–10:30 AM    **Special Lecturer**  
John A. McAuliffe, MD  
Outcome Research: Definitions and Directions
- 10:30 AM–11:00 AM    **Coffee Break** (Exhibit Hall)
- 11:00 AM–1:00 PM    **INSTRUCTIONAL COURSES**
1. **Controversial Issues In Sitting Postures as Applied to the Workplace**  
(intermediate/advanced)  
Dennis Zacharkow, PT

**2. Clinical Controversies**

(advanced)

John A. McAuliffe, MD

A. Lee Osterman, MD

John Lubahn, MD

Robin Miller, OTR/L, CHT

**3. The Hand Therapist and the Legal System**

(beginner/intermediate/advanced)

Barbara Kornblau, JD, OTR/L, FAOTA, DAAPM, CDMS, CCM

**4. The Distal Radioulnar Joint**

(advanced)

Paul LaStayo, MPT, CHT

**5. Myofascial Treatment of the Upper Quadrant**

(advanced)

Brian Hauswirth, PT, CFP

If you have any questions, or you are not a member of ASHT and are interested in receiving additional information about the 20th ASHT Annual Meeting, please call ASHT Headquarters at (312) 321-6866 or write to ASHT Headquarters, 401 North Michigan Avenue, Chicago, IL, 60611. Fax: (312) 245-1080.